



Pulse/Tempo

Autumn 1 2023-24

Aims

- I can control changes in tempo with my body, and instruments, e.g. faster/slower. Tempo Step 2
- I can respond to instructions given musically, using my body and instruments.
 I am a listener Step 2

Key Stage 3

• Sessions 1-2

Introductions and get playing. Hello song. Everyone tries a small percussion instrument, listens to the ukulele and plays along however they like.

• Sessions 3-4

Pass the beat around the room. Work together to create the pulse. Find the pulse of different pieces of music and feel it in our bodies - body percussion. 'The pulse is the beat, we feel it in our feet.'

• Sessions 5-6

What is **Tempo?** Listen to fast/slow music and find the pulse. Listen to music that changes tempo. Play along as the leader changes tempos. Some student conduct tempo changes.

- I can use a range of changes in tempo both gradually and suddenly. Tempo Step 3
- I can control intended changes of speed and notice unintended ones. Tempo Step 4

Key Stage 3

• Sessions 1-2

Introductions and listening to music we like. Clap/stamp along. Feel the **pulse** on percussion and using our bodies.

• Sessions 3-4

Tempo. Pass the beat around the room. Work together to create the pulse using body percussion. 'The pulse is the beat, we feel it in our feet.' Listen to fast/slow music and find the pulse. Listen to music that changes tempo and identify the changes.

• Sessions 5-6

Play along using body percussion then percussion instruments following **tempo** changes. Students take turns to lead and conduct tempo changes to the class.