




## Spring 2023/24 Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>  WC 8 January 2024 WC 29 January 2024	Main Meal	Cheese & Tomato Pizza, served with Wedges	Chicken Curry with Basmati Rice	Roast Chicken & Stuffing with Roasted Baby Potatoes and Gravy	Tuna Pasta Bake with Garlic Bread	Fish Finger Wrap, with Chips
	Vegetarian Meal	Meatless Meatballs with Spaghetti and Garlic Bread	Vegetable Chilli served with Rice	Macaroni Cheese & Garlic Bread	Cheesy Bean Bake & Wedges	Vegetable Fingers, Served with Chips
	Vegetables	Carrots & Swede	Broccoli & Carrots	Broccoli & Cauliflower	Carrots & Swede	Swede & Baked Beans
	Carb	Wedges / Garlic Bread	Rice & Naan Bread	Baby Potatoes / Garlic Bread	Wedges / Garlic Bread	Chips
	Dessert	Peaches & Ice Cream with Strawberry Sauce or Fruit Pot	Lemon Drizzle Cake & Custard or Fruit Salad	Cherry Cake & Custard or Fruit Pot	Chocolate Muffin or Fruit Pot	Fruit Jelly & Ice Cream or Fruit Boat
<b>Week Two</b>  WC 15 January WC 5 February 2024	Main Meal	Cheese Whirl with New Potatoes	Bangers n Beans - Sausage in a Bean and Tomato Sauce Served with Cheesy Mashed Potato	Roast Gammon and Stuffing, served with Roast Potatoes and Gravy	Creamy Cheese & Chicken Pasta with Garlic Doughballs	Battered Fish, Served with Chips & a slice of Lemon
	Vegetarian Meal	Tomato and Basil Penne Pasta Served with Garlic Bread	Vegetarian Spaghetti Bolognaise & Garlic Bread	Quorn Fillet and Stuffing served with Roast Potatoes and Gravy	Vegetarian Curry with Rice	Quorn Sausages and Chips
	Vegetables	Broccoli & Carrots	Broccoli & White Cabbage	Baton Carrots & Broccoli	Carrots & Broccoli	Broccoli & Baked Beans
	Carb	New Potatoes / Garlic Bread	Cheesy Mash / Garlic Bread	Roast Potatoes	Rice / Garlic Doughballs / Naan Bread	Chips
	Dessert	Apple Crumble & Custard or Fruit Salad	Carrot Cake or Fruit Pot	Apple Flapjack or Fruit Boat	Lemon Shortbread Biscuit or Fruit Pot	Chocolate Brownie or Fruit Salad
<b>Week Three</b>  WC 1 January 2024 WC 22 January 2024	Main Meal	Veggie Sausage Roll & Wedges	Penne Pasta Bolognese with Garlic Dough Balls	Roast Turkey with Roasted Baby Potatoes and Gravy	Barbecue Turkey Wrap and Rice	Salmon Fishcake, Served with Chips
	Vegetarian Meal	Cheese & Tomato Pizza, served with Wedges	Vegetarian Lasagne & Garlic Bread	Vegetarian Cottage Pie	Veggie Bangers & Beans with Sweet Potato Mash	Fishless Fingers, served with Chips
	Vegetables	Green Beans & Cauliflower	Broccoli & Cauliflower	Medley of Seasonal Vegetables	Cauliflower & Broccoli	Cauliflower & Baked Beans
	Carb	Wedges	Wedges / Garlic Bread	Baby Potatoes	Rice / Sweet Potato Mash	Chips
	Dessert	Chocolate Muffin or Fruit Pot	Orange Shortbread & Custard or Fruit Boat	Fruit Jelly or Fruit Pot	Fruit Jelly or Fruit Salad	Cherry Flapjack or Fruit Pot

### Available Daily:

- Freshly baked jacket potatoes with a choice of fillings
- Selection of sandwiches • Fresh bread
- Cheese & crackers • Salad selection
- Whole fresh fruit • Yoghurts

### Menu Key:

 Vegetarian
  Wholemeal
  May Contain Nuts

### Allergies:

If you would like to know about particular allergens in food please ask a member of the catering staff.

